

Draw Emotions

When children are guessing the emotions as described in Step 1, if fitting, teachers can choose to do the following to help the children enjoy this lesson:

Describe the different emotions that man has, such as love, joy, anger, pity, kindness, regret, guilt, sadness, and sympathy. Point out that no other creature can express the range of emotions that man can, because only man is created in God's image. Use the story of Joseph's reunion with his brothers to illustrate that there is a proper time and a proper way for us to express our emotions (fear, sorrow, and joy). Talk to the children about the need to learn how to show appropriate emotions in various situations (e.g., when to laugh, be happy, sad, or sorrowful).

Supplies

1. Emotions worksheet
2. Pencils
3. Color pencils or crayons

Procedure

1. On the emotion worksheet shown on the next page, 4 pairs of emotions are drawn: happy and sad, excited and tired, hopeful and fearful, ecstatic and angry. Ask the children to guess what emotion is shown on each face. They can work in groups or work with a teacher to guess.
2. Ask the children to draw faces of these 4 pairs of emotions in the empty boxes provided on the worksheet. For example, in the box below the "happy" face, draw a happy face.
3. The children can color their drawings if they so desire.
4. At the end of children's meeting, please return clear bin with supplies to the storage room. All the supplies can be left in the bin and put on the white table—no need to put back each individual supply.

